

Preparing to Stay at Home in Case of Natural Disasters

Staying at home instead of going to an evacuation center when a typhoon or an earthquake happens is called “Evacuation at Home.” You can choose “Evacuation at Home” if your house and the area are safe enough to stay.

Note: If your house is about to collapse or you feel the area is dangerous, please evacuate to the nearest evacuation center without fail.

Good points about “Evacuation at Home”

- There is less stress because you can spend time with your family as usual.
- There is less chances to get infectious diseases such as Covid-19 or influenza.

Proper preparation is necessary if you are to undertake “Evacuation at Home”

Things to prepare at home:

Water and food (for one week), portable cassette stove, portable radio, flashlight, masking tape, medicine, diapers, sanitary towels and portable toilets with gelling agent.

A full list of what to prepare is available on the following website: (Japanese and English)

<https://www.bichiku.metro.tokyo.lg.jp/>

For further details, please visit the city's website below:

<https://www.city.kokubunji.tokyo.jp/kurashi/bousai/bousai/1024185.html>

How to read the city's website in foreign languages (machine translation):

https://www.city.kokubunji.tokyo.jp/_res/projects/default_project/_page_/001/033/073/kikai_e3.pdf

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